



SANSSU

**Suid-Afrikaanse Nasionale Skolesskuttersunie
South African National Schools Shooters Union**

SANSSU DOPING CODE FOR SCHOOL SPORT SHOOTING

1. INTRODUCTION

School Sport Shooting is positioned as a fundamental development stage in the career path of a sport shooter. As such, the underlying principles of drug free sport are to be encouraged and pro-actively implemented within this environment. Not only to strive for principles of fair play, but also to encourage healthy lifestyles amongst members.

SANSSU is not affiliated into mainstream sport, and as such does not automatically fall under the World Anti-Doping Association (WADA) and South African Institute of Drug-Free Sport (SAIDS) codes. Having said this, SANSSU believes the codes of both of these organisations to be appropriate and has voluntarily positioned its organisation to comply with these codes.

In addition, SANSSU is fundamentally a school sport body and as such the educational component of the organisation is a leading factor in any action, decision or principle it adopts. This also means that any guiding principles or legislative requirements within the basic education environment are paramount and SANSSU must comply.

This policy seeks to guide the implementation of a drug-free school sport shooting environment.

For the purposes of the document, any member of SANSSU or its affiliate provinces are referred to as members. This includes shooters and officials.

2. AUTHORITY

SANSSU and its members will comply with the WADA Code, using this to provide a framework for prohibited substances.

SANSSU will however, provide its own policy and framework for the testing protocol and for the consideration of violations and any penalties to be imposed. The key principles underlying this will be that SANSSU is primarily an educational organisation, and its members are predominantly minors.

Affiliated Provinces of SANSSU and their Executive Committees, are required to comply with this policy and to become leaders in the drive to keep SANSSU a drug-free environment.

3. TESTING

SANSSU can, at its discretion, test any member at national or provincial competitions. The reasons for this are mainly:

- 3.1. Using drugs without justifiable medical cause and supervision can cause serious adverse health effects,
- 3.2. Using banned substances for performance enhancement can give an unfair advantage over the competition, and is cheating,
- 3.3. Testing can help deter use of banned substances amongst competitors,
- 3.4. Testing is the norm in sport globally and should be part of the education of any athlete.

4. PARENTAL CONSENT

All parents or legal guardians of individual SANSSU members are required to sign consent to be tested as set out in this policy at the onset of each new season of competition. Failure to do so will render the athlete ineligible to compete in SANSSU events and/or competitions, and therefore to represent SANSSU in any selected teams.

5. TESTING PROTOCOL

- 5.1. Urine tests will be used.
- 5.2. Any shooter can be tested prior or during a competition.
- 5.3. The initial cost for the test (A sample) will be carried by SANSSU.
- 5.4. Should the shooter wish to test sample B after a positive test result has been rendered, this will be for the relevant parent/guardian's account.
- 5.5. Substances to be tested for will include any substances on the WADA prohibited substance list.
- 5.6. Nutritional and dietary supplements are not on the banned substances list, but shooters and their parents must be aware that many supplements contain prohibited substances due the unregulated nature of the supplement industry. Impure or contaminated supplements may lead to a positive test result, and use of these supplements is at the shooters own risk.

6. TESTING PROCEDURE

- 6.1. A chaperone will be appointed to the member, taking into consideration male and female members, after consultation with the relevant provincial management and coaches.
- 6.2. During the collection of samples, the member may not be left unattended and must be accompanied at all times with the relevant chaperone.
- 6.3. Having said this, the privacy of the member must be respected at all times while collecting samples.
- 6.4. A minimum of 90 ml must be collected for testing. If the member cannot give such a sample, the member will be instructed to wait a while before attempting to give the sample.
- 6.5. The member being tested must split the sample into the two equal containers that were provided.
- 6.6. The samples will be sealed and clearly labelled as "Sample A" and "Sample B" with all the relevant details of the member clearly documented and witnessed by the SANSSU Disciplinary committee.
- 6.7. Information to be documented:
 - 6.7.1. The name of the member being tested, their SANSSU member number, gender, province and all additional information as deemed necessary for thorough record keeping and reporting.
 - 6.7.2. The date, time and place the samples were collected.
 - 6.7.3. The details of the chaperone who accompanied the member while the samples were collected.
 - 6.7.4. A comment form must be provided should the member being tested want to provide any additional information or raise any objection pertaining to the testing.
- 6.8. The samples will immediately be sent to the laboratory for testing.
- 6.9. When storing the samples prior to transport it should be kept in a cool place.
- 6.10. Any appeal and subsequent testing of "Sample B" should be done within 24 hours of the initial test results.

7. CODE VIOLATION

The following are relevant code violations as outlined in the WADA code:

- 7.1. The presence of a prohibited substance in the urine of a shooter.
- 7.2. Use or attempted use of prohibited substance.
- 7.3. Refusing or failing to take a test.
- 7.4. Tampering or attempted tampering.
- 7.5. Possession of prohibited substances.

7.6. Trafficking of prohibited substances.

7.6.1. The selling or supplying of any prohibited substances by management of coaches is a violation.

8. THERAPEUTIC USE EXEMPTION

8.1. Shooters are not required to obtain a therapeutic use exemption (TUE) for competitions under the auspices of SANSSU.

8.2. Any Shooter who is justifiably using a banned substance (specified substance), should obtain a full medical report that must be submitted once the invitation to attend the competition is submitted.

8.3. The relevant committee will then provide a ruling in regard to the Shooter and the substance used.

8.4. The full medical report provided by the relevant doctor should include the condition for which the drug is being used, the prescribed quantities being used, as well as the duration of the treatment.

8.5. Additionally, a copy of the medical report should be presented to the organisers of the event before the start of the competition.

9. VIOLATION CONSEQUENCES

Should an adverse finding be returned from any SANSSU testing intervention, then the outlined procedures and sanctions are to be implemented:

9.1. Procedures

Should a member be found to be in contravention of the WADA Code, the following procedure will apply:

9.1.1. The member, along with his/her parents/legal guardian where required, will be informed of the adverse finding.

9.1.2. The member will immediately be suspended from all SANSSU competitions and/or events.

9.1.3. The Committee of SANSSU will consider the adverse finding and any factors that are relevant.

9.1.4. The member and his/her parents/legal guardian where required, may make representation to the panel.

9.1.5. The panel will make a final and binding decision regarding the outcome.

9.1.6. The process will be fully documented.

9.2. Sanctions

The following guidelines are provided for imposition of sanctions on members for positive test results or other violation of the code:

9.2.1. Where a shooter has returned a positive result due to the presence of a specified substance in their sample, and where the panel is satisfied that the reason for the presence of this substance is for justifiable medical reasons, where evidence of such was provided as per section 8 mentioned above, no sanction should be imposed.

9.2.2. Where a shooter has returned a positive result due to the presence of a specified substance in their sample, and no significant fault or negligence is evident (including contaminated products), a six-month ban is recommended.

9.2.3. Where a shooter has returned a positive result due to the presence of an unspecified substance in their sample, a one-year ban is recommended.

9.2.4. Where a member has been found guilty of any other violations, as outlined in clauses 7.2 to 7.6 above, then a one-year ban is recommended for a minor, and a two-year ban for an adult.

9.2.5. Sanctions can also be imposed retroactively, and the athlete will forfeit all achievements, including medals achieved and SANSSU national colours.

9.2.6. Adults found guilty as outlined in clauses 7.2 to 7.6 above will also be stripped of all

achievements within SANSSU, including SANSSU national colours and affiliation with SANSSU while the ban is active.

10. SANSSU ANTI-DOPING PANEL

The SANSSU Committee will be empowered to implement this policy.

10.1. Committee's mandate:

- 10.1.1. Consider and update the Doping Code of SANSSU from time to time, ensuring that it remains relevant and consistent with national and international developments in this area.
- 10.1.2. Determine any testing programmes to be implemented, as well as any costing implications of such programmes.
- 10.1.3. Ensure that WADA and SAIDS codes and protocols are implemented, with no deviation.
- 10.1.4. Consider any adverse findings and deliberate over any sanctions in accordance with the provisions of this policy.
- 10.1.5. Properly and in writing, to report on any findings, deliberations and sanctions imposed.
- 10.1.6. Duly consider matters of confidentiality when dealing with the medical circumstances of any shooters.
- 10.1.7. The Committee will appoint a Disciplinary Committee to oversee procedures during competitions.

10.2. Members of the Disciplinary Committee

The SANSSU Disciplinary Committee is to consist of at least three members made up as follows:

- 10.2.1. At least one member should be from the SANSSU Executive, this member acting as co-ordinator.
- 10.2.2. One member must be any medical personnel (including EMT's).
- 10.2.3. The SANSSU member in charge of Discipline and Legal Aspects who will implement this policy in the context of the education environment.

11. EDUCATION PROGRAMMES

SANSSU must ensure that members are made aware of the Doping Code by distributing the policy it to all members at the onset of each new season of competition.

Annually, before the start of each season, all members and their parents/legal guardians should be issued the SANSSU doping code and there should be written confirmation that the athletes and their parents/legal guardians commit to adhere to this policy and its sanctions.

A record of the replies will be kept by SANSSU for each new season of competition.